

# BREASTFEEDING YOUR BABY

Open to all Expectant Mothers

Sign up for one of the following 2020 dates

January 13, February 10, March 16,  
April 20, May 18, June 15, July 13,  
August 10, September 14, October 19,  
November 16 or December 14

**Wayne Memorial Hospital**  
**6 pm - 8 pm**  
**David Katz Conference Room**



## FUN AND INTERACTIVE CLASS

Learn all you need to know about giving your baby the best start in life with mother's milk--getting started with latching, weaning, and everything in between. Dad or another support person is encouraged to come along.

***JOIN US AND HELP YOUR BABY GET THE NUTRITION NATURE INTENDED***

**Cost for class is \$20.** Cost is covered if you belong to the Healthy Beginnings Plus Program. Instructed by Brittany Kimble, RN, BSN, IBCLC. To register call Women's Health Center at **800-869-6636** or **570-253-3005**. **Snow cancellations follow local school districts.**