

Positive Healing – A Pain Management Series – Pain Relief without OPIATES



The David Katz Conference Center
Wayne Memorial Hospital, Honesdale PA
6 pm – 7 pm

Day	Date	Topic	Presenters
Mon	5/8/17	“The Role of Occupational Therapy and Physical Therapy in Pain Management”	Anne Thumann, DPT Karen Stumpo, OTR/L WMH Rehabilitation Services
Wed	5/10/17	"Integrative Medicine and Pain Relief" “Sleep’s Impact on Pain”	Carrie Demers, MD, Medical Director PureRejuv Linda Vose, CRT, RPSGT, CCSH, WMH Sleep Center
Thur	5/11/17	“Positive Healing with Acupuncture” “Energy of Herbs in Pain Management”	Lynn Potter, Board Certified Licensed Acupuncturist, RD, CBT Patrick Klein, RPh
Mon	5/15/17	“Food Medicine Chest -Spice it Up!” “Pharmacological Alternatives to Opioids”	Barbara Griggs-Pratt, MA, RDN, LDN Clinical Nutrition Manager WMH Frank Piotrowski, RPh, Wayne Health Pharmacy and Medical Equipment Manager
Wed	5/17/17	“Healing with a Human Touch” “Cold Laser Therapy and Hyperbaric Therapy”	Crystal James-Cobourn, DC, CBT, Honesdale Chiropractic Jerome Casey, DPM, WMH Wound Clinic
Wed	5/24/17	“Breathing and Meditation with Minerva” “Apple Day Spa Resolving Pain”	Betty deMaye-Caruth, PhD, RN, CHTP, RM/T Minerva Educational & Wellness Treatment Center Karen Houshultz (owner) and Jessica Juckett, LMT, CBT, Apple Day Spa



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HEALTH SYSTEM, INC.

For information call Donna Decker, RN, WMH Community Health 570-253-8422 or 570-253-8990