#### **CONTRIBUTIONS** December 1, 2011 to March 31, 2012

Wayne Memorial Health Foundation accepts taxdeductible gifts throughout the year from individuals, corporations, organizations and foundations for the benefit of the Wayne Memorial Health System, Wayne Memorial Hospital and Wayne Memorial Long-Term Care.

Contributions from a generous and caring community are vital to sustaining well trained personnel and modern equipment and facilities. Memorials and gifts in honor of a family member or friend, and gifts recognizing an anniversary or other occasion, are ideal ways to express love, respect and honor for those special people in our lives. Such gifts also demonstrate your spirit of community. You are invited to direct your questions about special occasion gifts and other contributions to G. Richard Garman, Executive Director, Wayne Memorial Health Foundation, at (570) 253-8272.

#### WAYNE MEMORIAL HOSPITAL

MAJOR GIFTS Laddie Gribick Grimm Construction, Inc. Reta Levy Sharon Lucian Woodloch Pines

#### GOLD CENTURY CLUB \$500-\$999 Estate of Ruth P. Blum Wendell and Carol Hunt Richard Reddy

SILVER CENTURY CLUB

*\$250-\$499* Warren and Nancy Davis Herman and Judith Feldhusen Herman Huber Kelsey and Beverly Olver The Roaring TwentiesComes AliceBy G. Richard Garman,<br/>Executive Director Wayne Memorial<br/>Health FoundationT WAS IN SEPTEMBER OF 1920Chat Wayne Memorial Hospital was<br/>dedicated and began its rich history in an

that Wayne Memorial Hospital was dedicated and began its rich history in an elegant, private 22 room brick dwelling on the east side of Central Park and adjacent to the Wayne County Courthouse. To celebrate the 71st edition of its Mistletoe Ball, the Wayne Memorial Hospital

Auxiliary decided to transport its guests back to that

time by using the theme, "Roaring Twenties." Thanks to the efforts of Logan Sinclair, a senior at Honesdale High School, the Waterfront at Ehrhardt's was transformed into an elegant restaurant and grand ballroom of that era. According to Shauna Ridd, chair of the Mistletoe Ball Committee, this is the second year that a local high school student has shared their artistic talents to benefit the Auxiliary's largest fundraiser of the year.

During the cocktail hour, guests were entertained by the J.P. Bowersock Jazz Quartet. Guests also enjoyed a sumptuous hors d'oeuvres table adorned with an ice sculpture of a "Roaring Twenties Flapper" created by Ice Works, Inc., and sipped the various creations of Ehrhardt's skilled mixologists, as 'prohibition' took a holiday for the event.

As the diners and dancers entered the ballroom, they were greeted with more displays of artistic talent, as the tables were beautifully decorated by members of the Mistletoe Committee, under the leadership of Janice Pettinato, including centerpieces in the "Roaring Twenties Flapper" style. The Auxiliary's own Janet Lienert, President of the Pennsylvania Association of Healthcare Auxiliaries, offered the Blessing, prior

#### **LOOK INSIDE!**

- WMCHC Awarded \$1.8 Million in Grants
- 1st WMH Nursing Class Graduates!

#### SAVE THE DATES!

Monday, August 20 6th Annual Harry Kiesendahl Memorial Golf Tournament Saturday, September 22 5th Annual Dr. Harry Propst Sporting Clays Invitational





to Ehrhardt's staff serving a delicious meal featuring a choice of Chicken Piccata, Stuffed Flounder, or Horseradish Crusted London Broil, including all of the accompaniments. Music for dancing was provided by Ronnie and the Riff Kings, with special guest, Kivi, as vocalist. They offered a variety of music including some tunes from the "Roaring Twenties" and entertained until midnight. Their appearance was made possible through the generosity of the Wayne Memorial Hospital Medical Staff.

Donations from 65 sponsors, totaling \$10,450, assured that the event would be a huge success, generating net proceeds of \$20,414. A silent auction, organized by Cathy Howell and assisted by other members of the Mistletoe Committee, helped boost the final tally. More than 125 individuals and businesses contributed gifts. Bidders donated \$5,560 for the various merchandise and services. Quality Printing and Design assisted with the invitations, while Spencer Printing and Graphics prepared the program booklets. Gina Lenz Photography was on hand to take special memento pictures of attendees throughout the evening. Also on hand were Jeanne Gieckel and Lisa Champeau, of the Hospital's Public Relations Department, with their cameras and notebooks to preserve memories of the event. Mistletoe Committee Chair Shauna Ridd thanked her committee members, Priscilla Crum, Sandy Meagher, Janet Lienert, Helen Beck, Mary Radell, Cathy Howell, Janice Pettinato, Katie Wood, Joan Buehl, Ann Morgan, Alison Cosham Winchell and Ingrid Warshaw, for all their hard work and commitment; and all of the 165 guests including Pennsylvania Senator Lisa Baker and her husband, Gary, and State Representative Sandra Major, for their generosity and for coming out on a snowy winter evening.

The proceeds of the Mistletoe Ball and other Auxiliary fundraisers contribute to the Auxiliary's annual gift to Wayne Memorial Hospital. This year, the Auxiliary presented \$70,000 to the hospital to help offset the cost of a digital mammography unit for the Pike County Medical Center.

The successful "Roaring Twenties" celebration enabled the Auxiliary to make a special gift of \$10,000 to Wayne Woodlands Manor. Administrator, Marion Swencki, was thrilled with the gift. She noted that it would be used to create a sensory relaxation room, to upgrade the shower rooms, and to develop an entertainment and game room that would be available to the residents, 24 hours a day. Mrs. Swencki reported the average age of the Manor's population has been declining. These younger residents enjoy the movies, going out for dinner and some visit the casinos, with family members providing the transportation, or utilizing the facility's limited transportation resources. Swencki indicated that the Manor's staff desire to be responsive to the residents' wishes for enhanced entertainment options on site. "Our goal is to create the best possible experience for all of our residents," said Swencki.

Auxiliary President Sandy Kline presented the checks (photo) to Swencki, Hospital Board Chairperson Lee Oakes and Hospital CEO David Hoff at the annual Volunteer Recognition Luncheon on Friday, April 20th.

The Wayne Memorial Hospital Auxiliary is also a member of the Pennsylvania Association of Healthcare Auxiliaries (PAHA), a statewide organization founded in 1951 to help member auxiliaries better serve and support their community's hospital. Over the years, many of our local Auxilians have served in leadership positions with PAHA. Sally Stanton, a former hospital board member, and Valerie Dux have both been Northeast region president, a position currently held by Cathy Howell, also a former hospital board member. Janet Lienert, who once served as president of the Wayne Memorial Hospital Auxiliary, was installed as President of the statewide organization at its spring conference in May of 2011. Sally Stanton served as the President of PAHA from 1986 to 1988. Wayne Memorial Hospital Auxiliary is the only known auxiliary to have had two members serve as president of the statewide organization.



# What's New at WMH & WMCHC? A Lot!

### CLOSE TO \$2 MILLION FOR WAYNE MEMORIAL COMMUNITY

**HEALTH CENTERS:** Wayne Memorial Community Health Centers (WMCHC), a clinical affiliate of Wayne Memorial Health System, has been awarded two grants totaling \$1,868,666 from the federal government through the Affordable Care Act. The money will go primarily towards capital improvements, including construction of a 3700-square foot addition at WMCHC's Pike County Family Health Center in Lords Valley. The addition will house an outpatient behavioral health unit and dental clinic for everyone including low-income families. A smaller grant will fund expansion of WMCHC's Honesdale Family Health Center, doubling the current space to include six physician offices.

WMCHC Executive Director Frederick Jackson and Wayne Memorial Grants and Development Manager Jack Dennis both noted that WMCHC was one of only five community health centers in the state to receive the larger Building Capacity grant. Quite an achievement!

Construction is expected to begin this year.

#### NEW EMERGENCY DEPARTMENT MEDICAL

**DIRECTOR:** Robert Fine, MD, FACEP became the Medical Director of WMH's Emergency Department (ED) in February. Board certified in Emergency Medicine, Dr. Fine worked most recently at Wilkes-Barre General Hospital as the Chairman/Medical Director of the ED. Dr. Fine graduated from the University of Pennsylvania and

began his medical education at the Universite Libre de Bruxelles in Belgium. He earned his medical degree at Thomas Jefferson University in Philadelphia and completed his internal medicine residency and five years of post-residency training at Lankenau Hospital in Wynnewood, Pennsylvania.

During his 30-year career, Dr. Fine has served as Chief or Medical Director of Emergency Departments in Pennsylvania, New Jersey and Maryland.

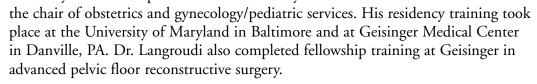


#### GENERAL SURGEON JOINS WMH MEDICAL STAFF:

Adrien Kant, MD, a board certified general surgeon, came on board in May. She joins General Surgeon Brian Lenczewski, MD, at the Honesdale Surgical Suite, a part of Wayne Memorial Community Health Centers.

Dr. Kant earned her medical degree from Albany Medical College in New York and completed her residency in general surgery at Detroit Medical Center in Michigan. She possesses a diverse surgical background including training in surgical critical care, wound care and hyperbaric medicine.

NEW OB/GYN FOR WOMEN'S HEALTH CENTER: Mehran Langroudi, MD, board certified obstetrician/gynecologist started with Women's Health Center, part of Wayne Memorial Community Health Centers, in May. A graduate of Tehran University of Medical Sciences in Iran, Dr. Langroudi was most recently affiliated with Waynesboro Hospital in Southern Pennsylvania. He served as



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# McAndrew Family Practice Joins Wayne Memorial Community Health Centers

WAYNE MEMORIAL HEALTH SYSTEM WELCOMED PATRICK J. MCANDREW, Doctor of Osteopathic Medicine, to its clinical affiliate, Wayne Memorial Community Health Centers (WMCHC) in March.



His practice, McAndrew Family Medicine in Vandling, is now called the McAndrew Family Health Center. The new name recognizes the legacy provided to the community for over 70 years of collective

service by Dr. Patrick McAndrew, his brother the late Dr. Richard McAndrew and their father, the late Dr. Lorain McAndrew who established the practice in the 1930s.

"I decided to affiliate with Wayne

Memorial because the hospital is a community-based facility," stated Dr. McAndrew, "I enjoy working with local people."

Dr. McAndrew said he has also been impressed over the years with many of Wayne Memorial Hospital's services, particularly timely test result reporting and quality patient care. "The lab at Wayne Memorial is excellent," he noted, "I receive almost all of my patients' test results within a day."

Dr. McAndrew has been caring for patients within the Forest City, Vandling, Pleasant Mount and Carbondale area as a primary care physician for nearly 40 years. He is a graduate of the Philadelphia College of Osteopathic Medicine and completed his internship at Delaware Valley Hospital in Bristol, PA. Dr. McAndrew holds memberships

# Wayne Memorial Opens Outpatient Services in Forest City, Waymart

WAYNE MEMORIAL HOSPITAL EXPANDED ITS OUTPATIENT SERVICES THIS

WINTER, partly in response to the closing of Marian Community Hospital in Carbondale. Wayne Memorial now offers phlebotomy services (blood draws) in Forest City and soon, in a new Waymart location on Route 6. The Waymart site will also provide diagnostic x-ray services.

"We are pleased to be able to offer these services to Waymart and the Greater Carbondale community, which includes Forest City, Vandling and Simpson," said James Hockenbury, director of Ancillary Services at Wayne Memorial. "After Marian Community closed, many of their patients contacted us and asked if we would offer blood draws and other outpatient services closer to where they lived. These new sites are obviously fulfilling a need."

In the last five years, Wayne Memorial Hospital and its clinical affiliate, WMCHC, have opened or expanded several new primary care



in several professional societies including: American Osteopathic Association; Pennsylvania Osteopathic Medical Association; Pennsylvania Osteopathic General Practice and American College of Osteopathic Family Physicians.

Dr. McAndrew was most recently affiliated with Marian Community Hospital in Carbondale where throughout his tenure he served in various roles including Medical Staff



President and Chief of Medicine. A life-long resident of Northeastern Pennsylvania, Dr. McAndrew resides in Pleasant Mount with his wife, Toni. Susan M. Bonin,

MPAS, PA-C, physician

assistant, will continue to work with Dr. McAndrew in the evaluation, treatment and education of patients as she has for the past 10 years.

offices, including a new physician office in Waymart and a pediatric center in Carbondale.

"Wayne Memorial is a financiallystable, independent, non-profit community health system," said David Hoff, chief executive officer. Wayne Memorial and WMCHC together are pleased to now offer services in Susquehanna and Lackawanna Counties, in addition to Wayne and Pike Counties. We expect to continue to provide more services to patients who reside in these areas."

Both new sites offer hours Monday through Friday from 6am – 2:30pm. Forest City opened April 23rd. Waymart is expected to open late May/ early June.

Photo: Wayne Memorial Director of Ancillary Services James Hockenbury, Radiology Tech and Phlebotomist Sarah Williams and Laboratory Services Manager John Romano at the new Forest City site on opening day.



## Wayne Memorial Health Foundation Grant to ALS Unit DIKE COUNTY'S ADVANCED LIFE SUPPORT TEAM in

P Hawley got a boost from our Foundation. Through its mini grant program, the Foundation was able to help the unit purchase intraosseous equipment. Intraosseous infusion allows direct rapid injection of medication, fluids or blood products into bone marrow, which is particularly helpful in emergency situations when vascular access is difficult. The technique can be life-saving and is often used on young victims of life-threatening events such as a vehicle accident. *Pictured left to right: Kyle Wright, EMT, Director of Operations; Jonathan Capitelli, EMT, Fleet Operations Coordinator; Martha Sader, WMH Foundation Board; G. Richard Garman, Executive Director of Wayne Memorial Health Foundation; Mary Lou Corbett, President; Margaretta (Maggie) Niles and Suzanne Grady, WMH Foundation Board members.* 

High School Students Check Out Career Paths in Healthcare

WESTERN WAYNE HIGH SCHOOL STUDENTS INTERESTED IN HEALTH-CARE careers toured Wayne Memorial Hospital in April, courtesy of the Wayne Memorial Health Foundation. The 20 or so students divided into groups and visited



Central Services, the Emergency Department, the Good Shepherd-Wayne Memorial Inpatient Rehab Center, Imaging Services, Laboratory Services (pictured with John Romano, manager), and the Hyperbaric Center (photographed with a patient and former Center manager Lauren Klimek, LPN) among other departments. During lunch, courtesy of Nutrition Services, the students heard from Health System CEO David Hoff, Lou O'Boyle, DO/chief hospitalist, Lisa Champeau/public relations manager and Foundation Executive Director Rich Garman. Several students expressed a desire to pursue careers in nursing, physical therapy and pharmacy. All of them were interested in the pathways to healthcare careershow do we get that degree, how many years does it take, etc.—and how the hospital might help budding healthcare professionals. Several students wanted to pursue nursing, another physical therapy and a third pharmacy. All of them were interested, however, in pathways to healthcare careershow do we get that degree, how many years does it take, etc.- and how the hospital might help budding healthcare professionals.



Wayne Memorial Honors its Volunteers with Luncheon

**WAYNE MEMORIAL ROLLED OUT THE RED CARPET** for its more than 200 volunteers on Friday, April 20th. The volunteers, who donated 35,000 hours of service last year, were feted and spotlighted at an Oscar-themed luncheon in their honor at Ehrhardt's on the Waterfront, Tafton.

Volunteer Coordinator Joyce Malicky told the volunteers, "You are all stars today, and we are grateful for your presence among us."

Carole Homeyer of New Foundland took home a prize for the most hours for a female volunteer—3,111 over the past 12 years. The male volunteer with the most hours was Fred Hiris, with 2,928 hours over 20 years.

Volunteers include hospital and hospice volunteers, Auxiliary members, clergy and board members, who all work tirelessly and without pay. David Hoff and Board Chairperson Lee Oakes both thanked the volunteers for all they do for their non-profit community hospital. Thank you volunteers!

# WMH Rehab Launches New Therapies

## YAYNE MEMORIAL REHABILITATION SERVICES DOES NOT

**W** SIT STILL. Its therapists are constantly educating themselves about new therapies and new ways to enhance their patients' quality of life. Several physical and occupational therapists have undergone intensive training in the last year to serve Parkinson's, cancer and lymphedema patients. Here's a glimpse at what they offer.

### PARKINSONS LSVT® BIG THERAPY... Physical Therapist Sarah Serkosky and Physical Therapy assistant Kim Hodder are both certified in this therapy that focuses on helping patients with Parkinson's, a progressive malfunction and loss of nerve cells in the brain that control movement and coordination. "The



idea behind the program is that all your motions are big," said Physical Therapist Sarah Serkosky. "Patients with Parkinson's don't realize their movements are getting smaller, so if you teach them to exaggerate their movements, this actually makes them more normal."

**CANCER THERAPY...** Anne Thumann, DPT is a STAR Certified Physical Therapy Clinician, meaning she has been trained in oncology rehabilitation, essentially "survivor care." Thumann evaluates and treats cancer survivors for pain, fatigue, deconditioning, and a host of other problems that may be due to the cancer itself or the toxic treatments that many patients may undergo.

LYMPHEDEMA... Occupational Therapists Christine Carlozzi and Sean Phillips are both certified in Complete Decongestive Therapy to treat lymphedema patients. Lymphedema is a chronic condition in which excess protein-rich fluid collects in the tissues, causing extreme swelling and possible skin changes in the body that don't go away and may even get worse over time. Previously the most common treatment was pumping out fluid with a pneumatic compression pump, but now, "We're taking people off the pumps," says Carlozzi. "I had a patient who was on the pump for several years, and now he no longer needs to use it." Carlozzi and Phillips use the Vodder Technique, which employs very gentle massage and stretching of the skin. For example, if a patient has left arm swelling, because lymph nodes in that armpit have been removed, the therapist massages the left arm and across the chest to encourage the lymph to move into the healthy nodes in the right armpit.

Know someone who needs any of these therapies? Call (570) 253-7322 to begin implementing BIG changes!

Photo: Sarah Serkosky, a physical therapist at Wayne Memorial Hospital's Route 6 outpatient rehabilitation facility, helps Parkinson's patient Jim Katz with his exercises.



# Wayne Memorial Salutes 1st Graduating Class of Nurses

"You did it!"

**O** N MAY 1ST, Wayne Memorial Hospital officially recognized its very first class of students graduating from the Luzerne County Community College Nursing Program at Wayne Memorial. Hospital officials, college administrators, nurses and the nursing students' families gathered in the David Katz Conference Center at the hospital to toast the 14 students and wish them well. The students received engraved charms from their instructors and stethoscopes from Wayne Health Services.

Wayne Memorial Board of Trustees Chair Lee Oakes praised the students' perseverance, while Director of Patient Care Services James Pettinato, RN, told the graduates that nursing can be tough, but very rewarding. "Remember that to be a nurse is to hear a call," he said, "It's more than a job. When you're in the trenches, remember why you came."

The students will receive an Associates degree from Luzerne County Community College. All of the graduates will then be eligible to take their Registered Nurse licensure exam.

Group photo, top left: Wayne Memorial Nursing Instructors at far right, left to right: Registered Nurses Sharyn Vaughn, Cathy Collins and Carol Van Orden; students Karen Fulmer, Jessica Grigalunas, Heidi Walther, Julia Granger, Amanda Begliomini, Stacie Sutton Jackson, Gloria Prebich, Christina MacDowell, Michele Noble, Stephanie Schofield. Missing: Alison Snyder, Allison Howe, Jennifer Frammigen, Frank Nagle. Eleanor Young William Ayers William and Joan Crosson Benjamin D. and Laura Pridham Feder Stephen and Marcia Gero Ruckus Media Group Inc. Walter and Jill Sawicki Margaret Snyder

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