



Estate Planning Services Offered to Friends of Wayne Memorial at No Fee

By G. Richard Garman, Executive Director, Wayne Memorial Health Foundation

I HOPE THAT by the time you receive this issue of *Insight*, the trials and tribulations of the “Blizzard of 2017” is no more than a distant memory. I also hope that the arrival of longer daylight hours and warmer temperatures have lifted your spirits; and you are anxious to see the beauty of spring that we all enjoy here in northeastern Pennsylvania. It seems as if it were only yesterday that we were celebrating the Christmas and New Year’s holidays. For me the seasons seem to pass by much more quickly but I refuse to acknowledge that it has anything to do with my aging process!

In a few short years, at the end of September 2020, Wayne Memorial Hospital will celebrate its 100th birth-

day. The Hospital enjoys the status of being the only community-owned, independent, acute care hospital in northeastern Pennsylvania. The Boards’ of Trustees of Wayne Memorial Health System & Hospital, as well as, Wayne Memorial Health Foundation, are looking forward to celebrating this wonderful milestone of service to the community. The journey has not been without its peaks and valleys, as every generation has its own burdens, challenges and opportunities. I attribute the Hospital’s longevity and success to individuals, families and businesses, who have, time and time again, stepped forward and made sacrifices in the spirit of the volunteer soldiers to whom the Hospital is dedicated and who



Tom Cullinan

have provided the support necessary to continue the Hospital's mission of service.

At a time when rural community hospitals are closing on a daily basis across our great nation, Wayne Memorial continues to thrive and expand its offering of service to the community. A little more than two years ago, in contemplation of the approaching 100th birthday, the Board of Trustees of Wayne Memorial Health Foundation desired to say thank you to the community in a new and very tangible way. It was for that reason that in July 2014, Wayne Memorial Health Foundation began offering friends of the Hospital the services of Thompson & Associates, a leading estate planning firm in the United States. Thompson & Associates' expertise and objectivity are made available at no cost or obligation, only with our compliments and gratitude. Thompson & Associates can protect your need for financial security, help you to make a thoughtful transfer of wealth to heirs, and satisfy your desire to make a significant difference in the lives of others in need. The Foundation is fortunate to have retained the services of Tom Cullinan, a nationally prominent estate planner, who will personally meet with individuals and couples at Wayne Memorial Hospital during planning sessions that are private, unrushed and strictly confidential. He and Thompson & Associates are committed to delivering customized recommendations for managing your estate in ways that are consistent with your values.

"We meet monthly in person to identify each estate owner's goals and values," Cullinan said. "We review

their existing estate plans, help them create a personal statement of values and objectives, and prepare a net worth statement." Many people are surprised to learn that there can be hidden taxes and extra expenses which can be reduced and sometimes even eliminated. He says that some people come in with wills that are seriously out of date, and a few have no written estate plans at all.

"What we know from developing this process is that estate owners like to make their own decisions," said Cullinan. "Unfortunately, not many of us do it until someone opens our eyes to what is possible. What I'm most pleased about is that 100 percent of these friends of the hospital are able to make fully informed decisions, and many wind up with the zero-tax estate they want." He says that some estate plans employ techniques that increase the value of legacies for children, grandchildren, and other heirs while using our "social capital" by exchanging tax dollars for charitable gifts to local nonprofits. "With the help of Thompson & Associates' full-time, board certified estate planning attorneys, we develop personalized recommendations that will accomplish their unique goals. They then take these written recommendations to their attorney and other advisors for implementation."

The Thompson & Associates fee is paid by the Wayne Memorial Health Foundation; you will not be charged as a planning client. You will never be solicited as a result of this service because Thompson & Associates does not manage money, draft documents, sell products, or offer legal or investment advice. The result for you will be a comprehensive estate plan and recommendations specifically designed for you and ready to present to your own legal and financial advisors to implement. During the past three years, our estate planning program has assisted dozens of individuals and couples who have taken advantage of this rare opportunity and created estate plans based on their values and needs. Those who have taken advantage of this valuable service typically reduce their estate's federal taxes and often decide to provide charitable legacies. Their legacies will benefit a wide variety of local, regional, and national nonprofits.

Wayne Memorial Health Foundation and the entire Wayne Memorial family are pleased and excited to be able to offer this professional and valuable service and to continue to have the privilege to serve our community with superior health care services when needed the most. If you would like to schedule an appointment with Tom Cullinan, please contact me at 570-253-8272.

Wayne Memorial Medical Command Enhances Emergency Services

WAYNE MEMORIAL HOSPITAL launched an initiative called Medical Command this past February. The service, credentialed by the Pennsylvania Department of Health and recognized by Regional EMS Councils, offers pre-hospital services to ambulance personnel. A dedicated “red phone” in the hospital’s Emergency Department (ED) is used exclusively to communicate with paramedics and EMTs in the field as they transport a patient to the ED. The system allows doctors to offer via phone patient-specific care and guidance that can save precious minutes in treatment time.

“An Emergency Medicine physician, trained in emergency protocols can assist prehospital personnel in decision making when the situation is more complex than a written protocol may indicate,” said James Pettinato, RN-HP, MHSA, director, Patient Care Services. “If the EMT or paramedic requests guidance in difficult situations they can discuss the case with the Medical Command Physician on the way to the Emergency Department instead of the patient waiting until he/she is in the ED—that’s a plus.”

Photo: Patrick Pugliese, MD, medical director of Wayne Memorial Hospital’s Emergency Department, goes over Medical Command protocol in the ED. The red Medical Command phone is in the foreground.



CONTRIBUTIONS

November 1, 2016 to February 28, 2017

Wayne Memorial Health Foundation accepts tax-deductible gifts throughout the year from individuals, corporations, organizations and foundations for the benefit of the Wayne Memorial Health System, Wayne Memorial Hospital and Wayne Memorial Long-Term Care.

Contributions from a generous and caring community are vital to sustaining well trained personnel and modern equipment and facilities. Memorials and gifts in honor of a family member or friend, and gifts recognizing an anniversary or other occasion, are ideal ways to express love, respect and honor for those special people in our lives. Such gifts also demonstrate your spirit of community. You are invited to direct your questions about special occasion gifts and other contributions to G. Richard Garman, Executive Director, Wayne Memorial Health Foundation, at (570) 253-8272.

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Mistletoe Ball

JANUARY 21, 2017
SILVER BIRCHES, TAFTON



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Wayne Memorial Launches Tele-Neonatology



WHEN A HIGH-RISK infant is born at Wayne Memorial Hospital, staff has instant access to neonatal intensive care specialists at Lehigh Valley Hospital via advanced tele-medicine equipment, fund-

ed in part by a grant from the USDA Rural Utilities Services' Distance Learning and Telemedicine program. The audio-visual connection allows Lehigh doctors to examine the infant in real time and assess treatment and the need, if any, for transfer.

"This is a wonderful addition to our hospital and our community," said James Pettinato, RN, director Patient Care Services. "In cases where a birth is predictably high risk, the mother usually delivers in a hospital with a neonatal intensive care unit on site. But many births are not predictable, and we are now in a better position to treat the baby when it's born."

Medical conditions that might warrant use of the tele-neonatology unit include prematurity, low birth weight, intrauterine growth restriction, congenital malformations birth defects, sepsis, pulmonary hypoplasia and birth asphyxias.

Photo: New Beginnings Clinical Coordinator Janice Pettinato, RN; Joyce Bannon, RN; Natasha Freethy, RN; Nancy Thompson, RN; Clinical Coordinator Mary Beth Dastalfo, RN; Laura Thomas, RN; James Pettinato, RN-HP, MHSA, director, Patient Care Services.



Wayne Memorial Holds "Code Crimson" Safety Drill Specifically for Maternity Patients

ACCORDING TO THE American College of Obstetricians and Gynecologists, postpartum hemorrhage is one of the top five causes of maternal death in

both developed and developing countries. Additionally, more than half of all maternal deaths occur within 24 hours of delivery, most commonly from excessive bleeding.

Knowing that preparedness is the cornerstone of patient safety, staff at Wayne Memorial Hospital held its first ever drill called "Code Crimson," a life-saving measure to treat massive blood loss due to hemorrhaging at the New Beginnings Birth Suites on April 12th.

A manikin dressed as a female patient who had just given birth and a plastic model of an infant were used in the simulation. The hospital's blood bank was called and transfusion lines were set up. Respiratory arrived to make sure both the child and the mother were breathing. Obstetrician/Gynecologist Denise Viola, DO, oversaw the procedures on the mother, which included inserting a special catheter called a Bakri Balloon into the uterus to control bleeding. Following insertion, the balloon is inflated with saline or sterile water.

"We learned a few things," said organizer Janice Pettinato, RN/Clinical Coordinator New Beginnings, noting that with staff working as a team, the exercise was a definite success. She thanked all who participated in the drill which she said, "can only help improve and enhance patient care."

Photo: Denise Viola, DO, obstetrician/gynecologist with Women's Health/WMCHC, attends to a simulated hemorrhaging patient in New Beginnings for a Code Crimson.

Wayne Memorial Hospital Lab Re-accredited

WAYNE MEMORIAL HOSPITAL'S Laboratory Services once again received national recognition for its quality of service and standard of care in processing hundreds of thousands of specimens for more than 30 different facilities—including the hospital itself. The Accreditation Committee of the College of American Pathologists (CAP) awarded the WMH Lab a two-year accreditation certificate as of March, 2017 after a rigorous on-site examination of the lab's records, quality control procedures, staff qualifications, equipment, safety programs and record, and overall management.

"Our Laboratory Services team deserves all the accolades this re-accreditation implies," said Laboratory Manager John Romano. "Day in, day out they perform exceptional service. Their number-one priority is quality results for our patients and clients."

The certification is particularly rewarding in view of the fact that, according to CAP, the U.S. federal government recognizes the CAP accreditation program, begun in the early 1960s, as being equal-to or more-stringent-than the government's own inspection program.

Photo: Members of the Wayne Memorial Hospital Laboratory staff, front row, left to right: Katie Torquati, Caitlin Mancus, Allison Boogertman. Center row: Annmarie Franco, Liz Dyckman, Theresa Krempasky, Terry Weniger, Diane Chapka, Donna McGinnis, John Romano. Back row: Carol Kuhn, Crystal Buchanan, Diane Troiani, Robin Rosler, Sam Rodriguez, Kathy Dustin, Rachel Mizanty, Jessie Peterson. The Lab's Medical Director is Sibyl Irwin, MD.



Wayne Memorial Mammography Re-Accredited



WAYNE MEMORIAL HOSPITAL'S Imaging Services Department was re-accredited in mammography by the American College of Radiology (ACR) as of February, 2017. The ACR's gold seal is the industry standard for excellence in image quality and patient safety. The accreditation followed a peer-review evaluation by board-certified physicians and medical physicists who are experts in the field. They assessed image quality, personnel qualifications, adequacy of facility equipment, quality control procedures and quality assurance programs. Wayne Memorial performs close to 5,000 mammograms each year.

"We are very pleased to be able to offer this accreditation and display this seal for our patients," said Robert Brzuchalski,

CRA, RT, RDMS, manager Imaging Services. "It's an unbiased acknowledgement of the outstanding care offered by our mammographers and mammography department."

Photo, left to right: Wayne Memorial Mammography Technologists Lisa Ryder, RT (M), Karen Barchak, RT (M) and Maripat Connor, RT (M) holding accreditation from the American College of Radiology.

Dr. Hoon Yoo Honored by Hospital upon Retirement



AFTER 40 YEARS of providing women's health services to Wayne and Pike Counties, Hoon Yoo, MD, board certified obstetrician/gynecologist, retired from practice this April.

Dr. Yoo was the first obstetrician/gynecologist to join the medical staff of Wayne Memorial Hospital and is credited with laying the foundation in 1977 of what is now the hospital's New Beginnings birthing suites.

In gratitude for his years of service, a plaque bearing Dr. Yoo's name and photo was placed in a prominent permanent position at the Nursing Station in the New Beginnings unit. It bears an inscription that reads, "with deep appreciation and respect we display this plaque in his honor for all to remember his leadership, vision and compassion."

Photo: Shown left to right, Dr. Yoo looks on as David Hoff, CEO, WMH, reads the inscription at the unveiling of a plaque commemorating his 40 years of service to the hospital.



Wayne Memorial Staff Featured in Webinar

IT WAS LIGHTS, camera...interaction at WVIA studios in Wilkes-Barre, PA when Wayne Memorial Hospital's Lisa Champeau/Public Relations manager and Sleep Tech Linda Vose, RPSGT, participated in a live webinar called *Eat, Sleep, Play*. The March 8th webinar, sponsored by the AM Skier Insurance Agency in Hawley, included a live audience and a Question & Answer session.

"One of the partnerships we sought was with Wayne Memorial Hospital to help us produce and present *Eat, Sleep, Play*, which offered insights into what is healthy eating, how

important sleep is in our lives, and what are the outcomes of healthy habits when we play," stated Henry Skier, president, AM Skier Insurance Agency. "All are issues that both Wayne Memorial and AM Skier respect and value."

Lisa served as the moderator while Linda was the expert on the subject of Sleep. Erin Tiffany, a dietitian-nutritionist from Honesdale, covered healthy eating and Joshua Heath, outdoor adventure team leader from The Lodge at Woodloch in Hawley, spoke on the play section.

Registration was free. However, donations were accepted for Wayne Memorial's Community Education programs. Approximately \$500 was raised along with a priceless amount of community awareness!

Those who missed the webinar can view it on YouTube by following the link https://www.youtube.com/watch?v=VsJDqdeW_X_Y

Photo: Left right, Lisa Champeau, public relations manager and Linda Vose, registered polysomnographic technologist, both from Wayne Memorial are shown following the shooting of the webinar, Eat, Sleep, Play.



The Confusion About Bequests

THE LANGUAGE USED to make a gift through your will to Wayne Memorial Health Foundation can be confusing sometimes.

We talk about making a bequest, but what is it really? The word “bequest” has its origins in Old English, and confusion often follows such early medieval terms.

A bequest was originally a transfer of personal property by will. By historical contrast, the transfer of real property (generally real estate and property rights attached to land) occurred through a devise. Today, the terms are interchangeable. Many people say a bequest can occur through any end-of-life transfer, not just through a will.

It is common to arrange our bequests in ways that minimize needless taxes and administrative costs. But what is the best way to accomplish this, and will your heirs incur income or inheritance tax, or will your estate have estate tax or hidden income tax liabilities?

Does any of this confuse you? These issues confuse many people, and that’s a prime reason why too many individuals and couples put off writing a will. It is intimidating to some folks to set an appointment with an attorney and to discuss unfamiliar topics.

Fortunately, you have friends in the Wayne Memorial Health Foundation Planned Giving Department. They can take the confusion out of bequests. In fact, they want to send you a free, no obligation brochure that explains in simple terms the basics of having a sound will and what steps to take to get yours. They will take the extra step of helping you plan a future gift to Wayne Memorial Health Foundation, if that is of interest to you.

Your Planned Giving Department friends are ready to personally assist in answering any questions you may have. They can also help you find a qualified attorney, one who will simplify the process for you.

To receive the brochure, complete the response form below or call us at 570-253-8272.

Please send me the free brochure on bequests and wills.

Please contact me (us) via email. The email address is: _____

Please contact me (us) by phone at: _____

The best time to call is: _____

Name: _____

Mailing Address: _____

City: _____ State _____ Zip _____

Mail this form to: G. Richard Garman, Executive Director
Wayne Memorial Health Foundation, 601 Park Street, Honesdale, PA 18431

New Wayne Health Services Board Member



BOB NON, PRESIDENT of Pleasant Mount Welding, Inc. in Carbondale, PA, has been appointed to the Board of Trustees of Wayne Health Services (WHS), a subsidiary

of the Wayne Memorial Health Foundation.

Non has been the President of Pleasant Mount Welding since its inception in 1983. Over the past 34 years, the organization has grown significantly under his leadership. Non says his company is currently the market leader and largest fabricator of miscellaneous metals for wastewater and water treatment plants on the East Coast and employs over 150 people.

“The WHS Board was seeking a person who could represent the western reaches of the service area and who had a prior knowledge of medical service delivery operations,” said Robert Suhosky, chair, Wayne Health Services Board of Trustees. “Bob, with his prior service on the Marian Community Hospital Board and his outstanding entrepreneurial success in building a very successful company, was the prime candidate.”

Born in Carbondale and raised in Pleasant Mount, PA, Non graduated from Forest City Regional High School and Lackawanna County Vocational-Technical School. He attended Penn State University to study courses specifically to enrich his background in business development. Bob is happily married to his wife Sue and has two wonderful children Brandon and Brianna.

Non officially joined the Wayne Health Services Board in late 2016 and says he is happy to be of service to the community with his “experience in the financial and marketing side of business.” He also hopes to gain knowledge which will in turn benefit his own employees. “Health insurance at Pleasant Mount Welding is very important,” he stated. “Being on the Board gives me a better understanding of health related issues.”

Wayne Memorial Community Health Centers Adds Physicians

Practice mergers, acquisitions and staff retirement have all led Wayne Memorial Community Health Centers (WMCHC) to add three new primary care physicians to its roster of providers during the first few months of 2017.



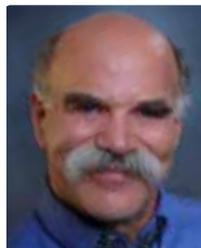
DR. DAVID TOMAZIC **McAndrew Family Health Center**

David Tomazic, DO, merged his Forest City medical practice with WMCHC on January 30th following 35 years as a solo practitioner. He, along with Krista Hollis, CRNP, sees patients at the McAndrew Family Health Center, 111 Main Street in Vandling. Dr. Tomazic earned a Medical Degree from the Philadelphia College of Osteopathic Medicine, completed his internship at Allentown Osteopathic Hospital and residency in Family Medicine at Williamsport Hospital. He spent nearly 30 years as an active medical staff member of the former Marian Community Hospital in Carbondale. He continues to serve as the Medical Director of the Forest City Nursing and Rehabilitation Center in addition to private practice.



DR. JOSEPH SEPROSKY **Highland Physicians Family Health Center**

Board Certified Family Physician Joseph C. Seprosky, Jr., MD, joined Highland Physicians Family Health Center located at 1839 Fair Avenue in Honesdale in mid-March to meet the needs of the practice following the June, 2016 retirement of Dr. Jon Sternburg. Dr. Seprosky earned a Doctor of Medicine degree from Hahnemann University School of Medicine, Philadelphia, PA. He has worked in the areas of emergency medicine, urgent/walk-in care and private practice. He maintained a private practice in Archbald, PA for nearly 18 years and was most recently employed as a staff physician at Mid-Valley Outpatient Center in Peckville, PA.



DR. PHILIP GUTHERZ **Gutherz Family Health Center**

The internal medicine practice of Philip Gutherz, MD, became part of WMCHC on April 1st. Dr. Gutherz, who has practiced in Honesdale for 30 years, continues to see patients at 600 Maple Avenue, Suite 13. The practice, which sees 3,000 visits annually, was renamed Gutherz Family Health Center. Dr. Gutherz earned a Medical Degree from Autonomous University of Guadalajara, Mexico and completed his residency in internal medicine at the New Rochelle Hospital Medical Center, New Rochelle, NY.



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Wayne Health Foundation Helps Fund Romping Radishes Program

A BLAST OF confetti cascading from the stage “brought the house down” during Romping Radishes Rocks, a kid-themed rock concert focused on movement, healthy eating and healthy living held March 25th at The Cooperage Project.

“I loved dancing to the music, especially the rock drums,” said Desmond, 5, of Honesdale who was among an estimated 75 children and 50 adults in attendance.

According to Ryanne Jennings, executive director of The Cooperage Project, the event is just one of “a variety of hands-on and interactive activities” hosted by the Romping Radishes Program. Now in its third year, Romping Radishes is a series of healthy-living classes for kids. The program “is intended to challenge young people to think about the importance of maintaining a healthy diet and an active lifestyle,” she added. Wayne Memorial Health Foundation has been supporting the program through grant funds since its inception in 2015.

In keeping with Romping Radishes’ goal of healthy eating for all children, those attending the concert were asked to bring a non-perishable item to be donated to the Wayne County Food Pantry. A total of 15 grocery bags was collected.

“It was just a magical morning to see all of the parents and grandparents bringing their kids in. When they were getting out the canned goods to donate, many of the families reminded the kids about what they had talked about at home and why they were bringing food in,” stated Jennings. “That’s a special thing—teaching the little ones when they’re young to give back to the community!”

Romping Radishes is open to all but is geared toward children Kindergarten through 2nd grade. Starting May 11, sessions will be held on the second Thursday of each month at 4 p.m. through October during The Cooperage’s new market series, Stourbridge Pie. For more information, email info@thecooperageproject.org, call 570-253-2020 or visit www.thecooperageproject.org.

Michael and the Rockness Monsters, professional music educators out of New Jersey, entertain a crowd of enthusiastic children at The Cooperage. (Photo by John Rocklin.)

