

CONTRIBUTIONS

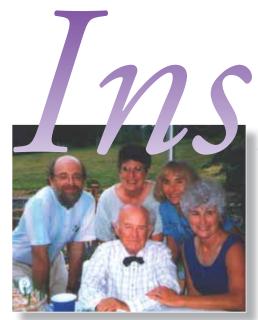
August 1, 2010 to November 30, 2010

Wayne Memorial Health
Foundation accepts taxdeductible gifts throughout
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Wayne Memorial Hospital,
Wayne Woodlands Manor
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Contributions from a generous and caring community are vital to sustaining well trained personnel and modern equipment and facilities. Memorials and gifts in honor of a family member or friend, and gifts recognizing an anniversary or other occasion, are ideal ways to express love, respect and honor for those special people in our lives. Such gifts also demonstrate your spirit of community. You are invited to direct your questions about special occasion gifts and other contributions to G. Richard Garman, Executive Director, Wayne Memorial Health Foundation, at (570) 253-8272.

WAYNE MEMORIAL HOSPITAL

ESTATES &
BEQUESTS
Estate of Mary Grace Salmon



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A Legacy *of* Learning and *for* Learning

by G. Richard Garman

The last time I visited Dr. Howard Patton at Wayne Woodlands Manor, our long term care home that he called his last home, he was listening to a tape to improve his ability to speak and understand German. He was 101 years old.

The man was forever interested in learning about life and all that it held. Politics, the stock market, history, gardening—I could go on. When his eyesight failed, he purchased a reading machine. Later, his daughter would read to him several times a day. He was a committed life-long learner who wanted, among other things, to "be the best physician possible."

Howard Rand Patton, M.D., chief pathologist and director of Laboratory Services at Wayne Memorial Hospital for many years, a former member of our Board of Trustees and a longtime member of the Wayne County Medical Society, passed away in January, 2009, not long after my visit. A year later, his children—Judy Gustin, Patricia Robison, Joanne Patton and Howard Patton—chose to honor their father's love of learning and the medical professions with a fitting gift: a scholarship endowment fund for the new nursing school at Wayne Memorial Hospital.

"This is a perfect way for us to honor our parents," said Judy. "My Dad had a favorite expression, 'Do the right thing' and he had a great respect for the nurses at Wayne Memorial. He often commented that they loved their profession, as he loved being a physician. Providing scholarships for others seeking a nursing degree would be, as Dad would say, 'doing the right thing."

Dr. Patton was one of the last area physicians to make house calls. He did not seem to mind a bit of inconvenience for himself if it answered another's needs. Many at the hospital today recall Dr. Patton traveling on his days off to his alma mater, Jefferson Medical College in Philadelphia, to study pathology at his own expense and bring his skills back to Wayne Memorial.

Born in Philadelphia, Howard Patton spent most of his childhood in Altoona. Following graduation from Franklin and Marshall College and then medical school, he opened a private practice in Damascus in 1937. Later, he would have offices in Beach Lake and Honesdale. He closed his practice almost 40 years later and moved to New Jersey. His beloved wife of 59 years, Marion, died in 1996. In 2003, Dr. Patton returned to the place he knew so well—the Honesdale area—to live with his daughter, Judy, and her husband, Daryl.

Dr. Patton's extraordinary interest in life continued well into his retirement. He enjoyed gardening into his mid-90s and was a member of the Garden Club of Long Beach Island, New Jersey. He grew flowers and vegetables that he consumed with great

GOLD CENTURY CLUB

\$500-999 Honesdale Lions Club John P. Maruzewsky

CENTURY CLUB

\$100-249
Helen Beck
Charles W. Flynn
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Womens Luncheon

GIVING TREE LEAF

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Melvin Hill Honesdale High School Faculty

Edward D. Katz William E. Katz

Robert Kinsman Martha F. Sader Marilyn G. Swendsen pride. He enjoyed ice cream, Judy's homemade apple dumplings and music from bluegrass to opera.

Small wonder that two of his three daughters were educators and his son, Howard, a researcher. Learning was in their blood.

"My father, with my mother's support, passionately dedicated his entire professional career to the healthcare needs of Wayne County residents," commented Joanne Patton. "By supporting this scholarship, I trust that my father's legacy is enhanced by promoting the professional development of future, quality healthcare professionals for the people of Wayne County."

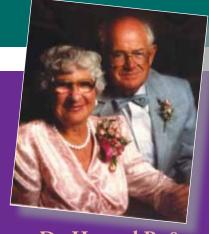
The family gift is in both parents' names. "Both Mother and Dad deeply valued the education process," said Patricia, "trusting that an increase in skills, as well as an understanding, would be gained. Mother trained as a dietitian, and while maintaining the family, worked as a dietitian at the Hospital and within the local school district."

The family first considered a gift of equipment for the Wayne Memorial Lab, but concluded that their father respected a thorough physical exam and his own understanding of life processes more than technology to make a diagnosis—and equipment was constantly updated.

"My sisters and I were united in our feelings that Mom and Dad would have wanted the scholarship," said Howard, "since an investment in people lasts a lifetime, while an investment in a piece of equipment may become obsolete in a matter of years."

When Dr. Patton passed on, I described him in the Wayne Independent as "one of the most remarkable individuals that I have met in my life. Most people see a need and give to it, whereas Dr. Patton needed to give and acted upon it. He was a humanitarian, always disturbed by man's inhumanity to other men."

The Wayne Memorial family is grateful to Dr. Patton's family for their dedication to their parents, their family name and the healthcare needs of Wayne County.



Dr. Howard R. & Marion C. Patton Memorial Nursing Scholarship

The Foundation's Board of Trustees, through its Investment Committee, will be responsible for managing the endowment as part of the Health System's overall investment portfolio, with the earnings to be utilized to fund a scholarship in the amount of one half of the total tuition, laboratory fees, and books for the initial year of study of the two year program. The scholarship award may be made to any student, who has been accepted, who is over the age of 18 and a permanent, full time resident of either Wayne, Pike or Susquehanna Counties, Pennsylvania. The awarding of the scholarship shall be based upon a combination of the applicant's financial need and class standing. The Foundation is presently engaged in preparing the application forms and processes.

The 31 students of the present class of 2012 have been studying introductory nursing and completing patient assessments, developing nursing care plans, taking patients' vital signs, changing their dressings and administering medications, all under supervision. These nursing care experiences have been occurring in the inpatient and rehabilitation units at Wayne Memorial Hospital and with the residents at Wayne Woodlands Manor in Waymart. According to their instructors, the program has been intense and the students are responding well.

Gallbladder – Out through the "Belly Button"

T WAYNE MEMORIAL HOSPITAL, surgical options to take out the gallbladder have dramatically expanded over the years from an open cavity procedure to laparoscopic removal with several small ports and now, to one single incision. If a patient qualifies for this last option, the gallbladder can be removed through the umbilicus or "belly button," the abdominal scar left when the umbilical cord detached at birth.

Brian Lenczewski, MD, performed the first single-incision cholecystectomy (gallbladder removal) this fall using the SILSTM procedure. The gallbladder stores bile, which is produced by the liver and aids in the digestion of fats. To remove it, Dr. Lenczewski used a single small incision through the umbilicus or navel rather than several larger incisions typically associated with a general laparoscopic procedure.

"The patient experiences little or no scarring, since the incision technically just re-opened an old cavity, the navel," said Dr. Lenczewski. "Generally, the fewer the number of incisions also means less wound pain and a faster recovery period. We have seen this to be the case with the patients who have undergone this procedure here at Wayne Memorial. They tell us they're happy with the results."

Most experts agree that removing the gallbladder has little or no effect on digestion, and the procedure itself does not usually require an overnight stay in the hospital. The patient goes home the same day as the surgery. While a patient's return to work may depend on both the patient and the type of work the patient does, Dr. Lenczewski's first patient was "ready to work again" within 48 hours.



The ideal candidate for the single port surgery would have had no prior surgery in the same body area, was seeking elective/non-emergent surgery and there were no contraindications for conventional laparoscopy.

Approximately 180 cholecystectomies are performed annually at WMH. All three of the hospital's general surgeons, Dr. George Tietjen, Dr. Robert Gorrell and Dr. Lenczewski perform gallbladder removal.

Photo: Brian Lenczewski, MD Judith Knash W. L. Wasmann

Bernie Lewis Stanley Goldberg

Gerald May's father Leonard Weiss

Jane Monaghan Jeannie Amaral Elizabeth R. Maksimiak David P. Sweet

Kenneth Moscot Stanley Goldberg

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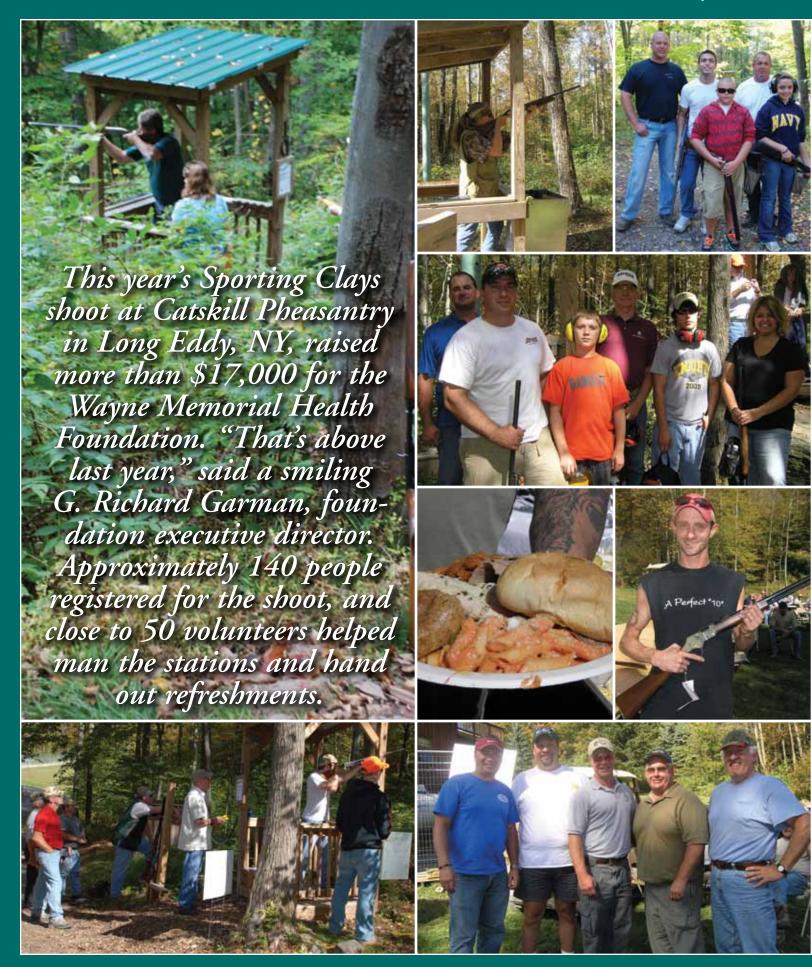
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Library Fund
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3rd Annual Harry D. Propst, md



SPORTING CLAYS INVITATIONAL Saturday, September 25, 2010













At left, the Propst family posed with the 1st place winner of the first flight in this year's clay shoot, John Bold. Left to right:
G. Richard Garman, Levi Propst, his dad Deaver Propst, Bold, Mike Propst, his wife Nancy Propst and Jeremy Gully, manager of Catskill Pheasantry.





Chemical Exercise Drug Takes Stress out of Treadmill Tests

WMH cardiology patients who can't tolerate a vigorous stress test on a treadmill are now being offered Lexiscan, a drug that mimics the effects of exercise and helps diagnose heart blockages. Lexiscan causes the arteries to dilate or enlarge as they do during exercise, and the drug can be injected quickly, over the course of 30 seconds. A person having difficulty on a treadmill can be injected immediately and the test would not have to be rescheduled—a big plus for all concerned.

"Chemical stress tests" aren't new to the hospital, but the priordrug-of-choice, Persantine, had to be mixed and injected slowly over four minutes and for some, there was a risk of serious side-effects. Stress tests often had to be stopped and rescheduled.

Dr. Matthew Kuber, director of the Cardiology Department, said the department has Lexiscan "standing by for all stress testing. Because of the ease of use, we expect most stress tests in the future will be done using this new drug."

A stress test is a "two-part" test, explained Vicky Jaggars. "It generally includes a visit to Nuclear Medicine, where a dye is injected and a camera takes views of the heart before and after the stress test."

A credentialed physican is always present for the stress test portion. A patient's results can be read by the cardiologist of his/her choice. In addition to Dr. Kuber, cardiologists from Great Valley Cardiology are also on the WMH staff. *Photo: Vicky Jaggars, supervisor of the Cardiology Department, demonstrates a stress test monitor.*



WMH Welcomes TCMC Med Students

V/ayne Memorial Hospital has entered into an agreement with The Commonwealth Medical College (TCMC) to provide clinical and research opportunities for its medical students. As part of TCMC's Scranton regional campus, WMH and Wayne Memorial Community Health Centers, along with Highland Physicians, welcomed the first group of TCMC students this fall. The five students rotated through various WMH departments for one week, engaging in clinical on-site experience. They will

return two more times this school year—in January and sometime in the spring. The Hospital is a founding member of TCMC, and several of our staff work closely with the medical school as community mentors. Students will also work on a clinical project. Along with Patty Bohs, RN, Women's Health Care and Donna Decker, RN/WMH Community Health, these students will research why mothers give up breastfeeding early in their infants' life. *Pictured left to right: Cara Lyle, Karen Leeds, WMH Hospitalist Dr. Lou O'Boyle, Amanda Moyer and Scott Gelman. Missing: Kirtan Patel.*



Open House at Good Shepherd-Wayne Memorial Inpatient Rehabilitation Center

On October 14, close to 85 people attended an afternoon open house and evening Stroke Support meeting at the hospital's Good Shepherd inpatient rehab unit. Dr. Sridhar Kumar, a Scranton-based cardiologist, was the featured speaker. He talked about cardiac tears or "holes" and their relationship to strokes. The WMH cafeteria provided delicious hot and cold food. Barb Richter, nurse aide, entertained on the fiddle with a friend on guitar. Giveaways included information, magnets and a "stroke trivia" game. The Good Shepherd unit is approaching its 5th year anniversary at WMH!









Martha's Garden
Patricia T. Steiner

Patient Services Fund
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Clay Shoot Tournament
ALED Co., Inc.Aqua
Pennsylvania, Inc.
Aqua Pennsylvania, Inc.
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David W. Prout RE/MAX of Wayne County Regal Plumbing & Heating Riccione Orthopedics Inc. Seiler's Tree Service Sherman Engineering

The Luzerne County Community College Nursing Program at Wayne Memorial Hospital • Wednesday, December 8, 2010

More than 100 people turned out for the open house to help WMH celebrate the launch of its new nursing school program. The collaboration with Luzerne County Community College is off to a good start: more than 30 students are enrolled in the two-year program, and potential applicants call regularly for information. The program includes on-site clinical experiences at WMH, as well as classroom instruction. Currently, the "School of Nursing" is housed in a building across the street from the back of the hospital—known familiarly as "Dr. Proctor's old office, above Dr. Tietjen's."













Wayne Memorial Auxiliary Announces 70th Annual Mistletoe Ball

Experience an "Evening in Paris" and help your community hospital at the same time! The Wayne Memorial Hospital Auxiliary will hold its popular Mistletoe

dinner dance at Ehrhardt's on the Waterfront, Tafton, on January 15th, 2011.

The Auxiliary raises money for the hospital year round, but the Mistletoe Ball is its biggest fundraising event. It usually draws well over 200 people. This year, guests can dance to a live performance by "The Riff Kings" and bid "silently" on items donated by local businesses, including overnight stays at Cove Haven and The French Manor, spa treatments at The Lodge at Woodloch/A Destination Spa, jewelry from Main Street Jewelers and fine art.

Proceeds will benefit the Auxiliary's commitment to the hospital's recent capital campaign, Operation Vital Signs. Members are just \$60,000 shy of meeting their \$570,000 pledge! For reservations or further information, call (570) 470-2664 or (570) 226-3394. Tickets are \$75 per person.

Pictured are Mistletoe Ball committee members: Auxiliary President Sandy Kline, Ball Chair Shauna Ridd, Cathy Howell, Mary Radell, Janet Lienert and Helen Beck. Missing from photo: Alison Cosham Winchell, Ann Morgan, Katy Wood and Barbara Raetsch.

New Names for the WMH Giving Tree

The Hospital's Giving Tree has "sprouted" names on two more leaves, thanks to generous donations from long-time Wayne Memorial friends—Alice Conbeer and Salvatore – "Sal" – Giglio and his wife, Judy.



Alice Conbeer, a retired Hospital employee, donated in memory of her husband, Carl, his parents, Elmer and Ruth Conbeer, and her own parents, Elmer and Merle Hunt. Alice recalled that all of them had been hospitalized at Wayne Memorial, received wonderful care, and were most grateful. She believes the Hospital's efforts to care for our most vulnerable populations is a way to honor her family. Alice herself continues to put her caring spirit to work as a volunteer and Auxilian. Her daughter, Virginia Fries, MS, RN, formerly, the Director of Patient Care Services, was instrumental in the launch of our new nursing school.

The Giglios are clearly dedicated to their community. Judy served on the board of Wayne Memorial Long Term Care. Sal, who has enjoyed a career in automotive sales, is a former president of the Wayne County Chamber of Commerce and currently, on the board of the Wayne County Public Library. The Giglios made a generous pledge to our capital campaign, and now, another pledge. The Giglios say efforts at Wayne Woodlands Manor to care for the "elderly indigent" and the new nursing school are just two of "many extraordinary examples of the Hospital's commitment to serve the community that make it worthy of each and every citizen's support." *Pictured: G. Richard Garman; Sal Giglio; Alice Conbeer; WMH CEO David Hoff.*

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Star-Lo Electric
T.E. Spall & Son Inc.
The Spring House Commons,
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Trevdan Building Supply, Inc.
Wallis Electric Construction

West Side Window Cleaning Co., Inc.

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Co.

Golf Tournament

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*Under \$25*John P. Dwyer
Victor Perin



G. Richard Garman

Giving When You Are Gone

F YOU HAVE BEEN A REGULAR SUPPORTER of Wayne Memorial Health Foundation over the course of several years, your gifts have provided a continuing source of stability. The Foundation depends on annual gifts to help us meet our ongoing financial obligations and to provide the additional resources for Wayne Memorial Hospital to maintain its modern facilities and continually add to its technology. We are most grateful for the thoughtfulness and generosity of our faithful donors.

Did you know it is possible to establish a fund that will continue to provide annual gifts to Wayne Memorial Health Foundation long after you are gone? We call it our Annual Fund Endowment Program. Here's how it works. A one time gift of \$10,000 will provide an estimated \$500 every year — long after you are gone. A gift of \$25,000 will supply annual endowment payments of approximately \$1,250. Larger amounts, of course, will provide higher annual gifts.

You can establish one of these ongoing Annual Gift Funds now, or you can make a provision in your estate plan to do it later. Or you can do a contribution of both, by establishing the fund now and adding to it through your will. You have heard it said that the only things we can be sure of are death and taxes. Actually, there is a third thing, and it is the continuing need we have for annual support in order to carry out our good works within the community. By establishing an Annual Gift Endowment Fund, you will help your community hospital prepare to face the future with confidence and financial health.

To learn more about our Perpetual Giving Program, contact the Foundation's Executive Director, G. Richard Garman, at 570-253-8272 or at garman@wmh.org. Thank you for your continuing support of Wayne Memorial Health Foundation.



Veterans & WMH Remember Pearl Harbor

Asolemn moment took place at Wayne Memorial Hospital as veterans gathered to lay a wreath to mark the anniversary of Pearl Harbor 69 years ago. On December 7th, 1941, the Japanese mounted a surprise attack on the U.S. Pacific fleet docked in the Hawaiian port, triggering America's entry into World War II. A brief ceremony was held during which members of VFW Post 531 read aloud the story of that "date which shall

live in infamy." Among the participants in the wreath-laying was John Mikolchik of Waymart, a Pearl Harbor survivor (pictured just to the left of the wreath). He said he remembered that day started out as sunny and beautiful, but by 8:30am, the skies were black with smoke; the day had become very dark. The wreath was placed at the foot of the plaque that commemorates the 55 World War I soldiers in whose memory the hospital was built. Hospital employees who served in the Armed Forces were also on hand for the ceremony.

Veterans Day Baby & Web Nursery

The first baby born on Veterans Day 2010 at Wayne Memorial Hospital was presented with a basket of red-white-and-blue goodies, plus a savings bond, from the American Legion Post 311 Ladies' Auxiliary out of Hawley. Little Luke River Reece arrived in the world on November 11 at 12:45 p.m., weighing in at 9 pounds, 2 ounces. His mom,

Megan Ward, and dad Thomas Reece of Honesdale were doubly thrilled: they had a healthy baby boy and an unexpected gift linking their son's future to a venerable past. Ward's delivery was assisted by Certified Nurse-Midwife Sheela Porter Smith of Women's Health Care Center. Pictured left to right: Sarah Hoffman, Post 311 Ladies Auxiliary; Thomas Reece; Megan Ward and baby Luke River Reece. Parents of babies born at WMH can now post their infant's photo on the new WMH "Web Nursery." It can be accessed by anyone—including Grandma and Grandpa! who has internet service.



In support of the healthcare mission of Wayne Memorial Health □ \$500 □ \$250 □ \$100 □ \$75 □ \$50 □ My check is enclosed.		
☐ Please charge my VISA or Mastercard.		Security Exp. code date
Signature		
Name		
Address		
City	State	Zip
Day Telephone	Evening Telephone	
□ Please forward me information about The Paul M. and Sandra Meagher Legacy Circle. □ Contact me about naming Wayne Memorial Health System or its affiliates in my will. □ I have already made provision in my estate plan for Wayne Memorial. □ Please forward me a "will kit." □ Please forward me information about the Wayne Memorial Hospital Giving Tree. □ The address above is a new address. If you would like to honor someone with a Memorial or Honor Gift, please indicate below. This Gift made: In Memory of		
To Honor	Occasion	
Please Notify: Name		
Address		
City	State	Zip
Thank you for your donation. Please mail this form to Wayne Memorial Health Foundation, Business Office, Wayne Memorial Hospital, 601 Park Street, Honesdale, PA 18431		

