



DEPRESSION

The following are Depression-related websites recommended by board-certified psychiatrist Dr. Michael Campbell and his staff, Dorothy Walline, LCSW and Hilary Cousins, LCSW at Wayne Memorial Health Centers' Behavioral Health Center (BHC).

Depression Help Websites

HelpGuide.org (useful tips)

http://www.helpguide.org/mental/depression_tips.htm

NIMH (information about depression)

<http://www.nimh.nih.gov/health/publications/depression>

Help for Depression.com (basic information about depression and alternative treatment methods)

<http://www.helpfordepression.com/>

Depression Tribe (online support groups)

<http://www.depressiontribe.com/>

Mayo Clinic (how to help loved ones with depression)

<http://www.mayoclinic.com/health/depression/MH00016>

BHC is part of Wayne Memorial Community Health Centers, a federally qualified health center which accepts private insurance, public assistance and offers a sliding fee scale based on income eligibility. The Center sees patients age 3 and up.

Behavioral Health Center
Phone 570-253-8219