CHILDBIRTH EDUCATION

2020

WAYNE MEMORIAL HOSPITAL
NEW BEGINNINGS
and
WOMEN’S HEALTH CENTER

Classes are given by a
Certified Childbirth Instructor

One Day Class
Choose Only ONE Saturday

Saturdays, 9 am to 1pm

January 11       July 11
February 8       August 8
March 14         September 12
April 18         October 17
May 16           November 14
June 13

Class includes tour of New Beginnings, Wayne Memorial’s maternity unit. (Tours may be cancelled based on availability of Labor and Delivery Rooms)

TOPICS - Discomforts Of Pregnancy • Labor Process and Stages
Vaginal vs. Caesarean Births • Pain Management Strategies and Medications
Role of the Support Person • Postpartum Care • Normal Newborn Appearance

The charge for the class is $60. If you belong to the Healthy Beginnings Plus Program, the cost of the class is covered. To register, call Women’s Health Center at 800-869-6636 or 570-253-3005.

Classes held in the David Katz Conference room at Wayne Memorial Hospital.
Call 570-253-8100 in case of inclement weather.